

TRAINING TOOLKIT ON SIMPLIFIED APPROACHES FOR THE DETECTION AND TREATMENT OF CHILD WASTING

BACKGROUND

Between 2022 and 2023, the International Rescue Committee, in partnership with the Humanitarian Leadership Academy, Save the Children UK, and Action Against Hunger UK, and with support from UNICEF, developed a digital **Training Toolkit focusing on Simplified Approaches for Detecting Childhood Wasting**. This downloadable resource includes a comprehensive manual and supplementary materials tailored for trainers leading sessions on Simplified Approaches. Additionally, it provides tools that allow trainers to customize sessions based on whether trainees will be implementing single or multiple Simplified Approaches simultaneously.

The creation of the toolkit drew upon a comprehensive review and compilation of existing training materials and tools on Simplified Approaches, which had been previously developed and utilized by multiple implementing agencies. The manual was developed by adapting and consolidating these resources.

The manual was specifically designed to accommodate different levels of expertise and experience among service providers and trainers—considering that implementation of Simplified Approaches applies to a diverse array of service providers such as caregivers to community health workers and healthcare professionals operating in various settings like family homes, community sites, and healthcare facilities.

THE TRAINING TOOLKIT

The Training Toolkit includes four chapters on simplified approaches that reflect the most common ways in which Simplified Approaches have been implemented to date:

- **Chapter 1:** Family Mid-Upper Arm Circumference (MUAC)
- **Chapter 2:** Community Health Worker- led treatment
- **Chapter 3:** Reduced Frequency of Follow-Up Visits
- **Chapter 4:** Simplified Treatment Protocols

Each chapter contains:

- Chapter Introduction
- 2 Modules to accommodate various service providers and trainers
- Links to recommended supplemental resources
- Customizable session plans
- Training resources and participant manuals
- Course assessment and monitoring tools



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ENGLISH



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FRENCH

Alignment with 2023 WHO Guideline on prevention and treatment of child wasting

The Training Toolkit was developed prior to the World Health Organization's revision of guidance on the prevention and treatment of child wasting in 2023. As a result, the approaches and protocols outlined in the manual may not align with the updated recommendations. However, the content within the chapters captures the most common application of Simplified Approaches to improve effectiveness, quality, coverage, and to reduce the cost of caring for children with uncomplicated wasting, including during exceptional circumstances. Trainers are encouraged to consult national guidance to identify any disparities between their program context and the scenarios presented in the modules, and to adjust the materials accordingly to suit their specific context.

